

NEW PATIENT INTAKE FORM

TODAY'S DATE _____

Name _____ Marital Status _____ Birthdate: _____
 Address _____ M F Age: _____
 City, State, Zip _____ Height: _____
 Home Phone _____ Work Phone _____ Occupation: _____
 Time of Birth: _____
 Place of Birth: _____

Emergency Contact:

Referred by:

Reason for Visit Today:

Have you had acupuncture before? Herbs?
 Yes No Yes No

How long have you had this condition?
 Is it getting worse? Does it bother your: sleep work other (what)
 What seemed to be the initial cause?
 What seems to make it better?
 What seems to make it worse?
 Are you under the care of a physician now? What for?
 Who is your physician? Physician's phone
 Other concurrent therapies?

Family Medical History

Allergies _____	Arteriosclerosis _____	Cancer _____	Diabetes _____	Seizures _____
_____	Asthma _____	_____	Heart Disease _____	Stroke _____
_____	Alcoholism _____	_____	High Blood Pressure _____	

Your Past Medical History Circle any of the following conditions you currently have or had in the past.

AIDS or HIV _____	Diabetes _____	Multiple Sclerosis _____	Surgery (list) _____	Tuberculosis _____
Alcoholism _____	Emphysema _____	Mumps _____	_____	Typhoid Fever _____
Allergies _____	Epilepsy _____	Pacemaker _____	_____	Ulcers _____
Appendicitis _____	Goiter _____	Pleurisy _____	_____	Veneral Dis. _____
Arteriosclerosis _____	Gout _____	Pneumonia _____	Thyroid Disorders _____	Whooping Cough _____
Asthma _____	Heart Disease _____	Polio _____	Major Trauma _____	Other (specify) _____
Birth Trauma _____	Hepatitis _____	Rheumatic Fever (Car, fall, etc -list) _____	_____	
(Your own) _____	Herpes _____	Scarlet Fever _____	_____	
Cancer _____	Hi Blood Pres. _____	Seizures _____	_____	
Chicken Pox _____	Measles _____	Stroke _____	_____	

Your Diet (Circle)

Appetite Low _____ High _____
 Coffee _____ Artificial _____ Sugar _____ Thirst for water _____
 Soft Drinks _____ Sweetener _____ Salty Food _____ # glasses per day _____

Average Daily Menu:

Morning _____	Snack _____	Noon _____	Snack _____	Evening _____	Snack _____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

List Pharmaceuticals taken in past 3 months:
 Supplements: _____

Lifestyle:

Alcohol	Marijuana	Stress	Regular Exercise
Tobacco	Street Drugs	Occupational Hazards	Type: _____ Frequency: _____

General Symptoms:

Poor Appetite	Poor Sleep	Bodily Heaviness	Chills	Bleed or Bruise easily
Heavy appetite	Heavy Sleep	Cold hands or feet	Nightsweats	Peculiar taste Describe
Strongly likes cold	Dream disturb	Poor circulation	Sweats easily	_____
Strongly likes hot	Fatigue	Shortness of breath	Muscle Cramps	_____
Weight loss/gain	Lack of strength	Fever	Vertigo or dizzy	_____

Head, Eyes, Ears, Nose, Throat:

Glasses	Night Blindness	Sores on lips/tongue	Recurrent sore throat	Headaches
Eye pain	Glaucoma	Dry mouth	Swollen glands	Migraines
Red eyes	Cataracts	Excess saliva	Lumps in throat	Concussions
Itchy eyes	Teeth problems	Sinus problems	Enlarged thyroid	Other Head /
Spots in eyes	Grinding teeth	Excess phlegm	Nose bleeds	Neck problems
Poor vision	TMJ	Color of phlegm	Ringling in ears	_____
Blurred vision	Facial pain	_____	Poor hearing	_____
Eye strain	Gum problems	_____	Earaches	_____

Respiratory

Difficulty breathing when lying down	Tight chest	Cough wet or dry	Color of phlegm	Coughs blood
Short of breath	Asthma/wheezes	thick or thin	_____	Pneumonia

Cardiovascular

High Blood Pressure	Low Blood Pressure	Chest Pain	Tachycardia	Phlebitis
Blood clots	Fainting	Breathing problems	Palpitations	Irregular beat

Gastrointestinal

Nausea	Diarrhea	Intestinal pain or cramps	Bowel movements:
Vomiting	Constipation	Itchy anus	Frequency _____
Acid Regurgitation	Laxative use	Burning anus	Color _____
Gas	Black stools	Rectal pain	Texture/form _____
Hiccup	Bloody stools	Hemorrhoid	Odor _____
Bloating	Mucous in stools	Anal fissures	
Bad Breath			

Musculoskeletal

Neck/shoulder pain	Upper back pain	Joint pain	Limit in range of motion
Muscle pain	Low back pain	Rib pain	Limit in use
Knee pain	Hip pain	Elbow pain	
ankle pain	wrist pain		

Skin and Hair

Rashes	Eczema	Dandruff	Change in hair/skin texture	Other hair/skin probl
Hives	Psoriasis	Itching	Fungal Infections	_____
Ulcerations	Acne	Hair loss		_____

Neuropsychological

Seizures	Poor memory	Irritability	Considered/attempted suicide
Numbness	Depression	Easily stressed	Seeing a therapist
Tics	Anxiety	Abuse survivor	Other: _____

Genito-urinary

Pain on urination	Blood in urine	Venereal disease	Increased libido	Impotence
Frequent urine	Can't hold urine	Bedwetting	Decreased libido	Prem Ejac
Urgent urination	Incomplete urine	Wake to urinate	Kidney Stone	NoE Emission

Gynecology

Age menses began	Duration of flow	Vaginal discharge	Breast lumps	Date /last PAP
Length of cycle	Irregular periods	Color _____	#Pregnancies _____	
	Painful periods	Vaginal sores	#Live Births _____	" last period
	PMS	Vaginal odor	Premature Births	
		Clots	Age at Menopause	